

Thematic plan for lecture-type classes in discipline «Russian History» for students of 2026 year of admission under the educational programme 31.05.01 General Medicine, specialization (profile): General Medicine (Specialist Degree Program), full-time mode of study for the 2026–2027 academic year

№	Lecture Topics	Hours (Academic)
Semester 1		
1	History as a science. Chronological and geographical framework of the course.	2
2	The world in antiquity and classical antiquity. Peoples and political entities in the territory of modern Russia in antiquity.	2
3	The Middle Ages as part of an agrarian culture	2
4	The Old Russian state in the late 10th - early 13th centuries.	2
5	The Old Russian state in the late 10th - early 13th centuries. Russian lands in the mid-13th - 14th centuries.	2
6	The formation and development of a unified state in the 15th - 16th centuries.	2
7	Russia in the 17th century. The Time of Troubles and the "Age of Revolt."	2
8	The emergence of industrial civilization. The First Industrial Revolution.	2
9	Russia during the era of Peter the Great's reforms.	2
10	The era of "palace coups." The "enlightened absolutism" of Catherine II.	2
11	Europe and the world in the 19th century. The Second Industrial Revolution.	2
12	Russia in the 19th century. A time of great reforms.	2
13	Russia and the world at the beginning of the 20th century. The First World War and Russia.	2
13	The Great Russian Revolution (1917–1922).	2
15	USSR in the 1920s – 1930s: domestic and foreign policy.	2
Semester 2		
16	World War II and the Great Patriotic War (1939–1945). No Statute of Limitations	4
17	The USSR and the World after World War II (1945–1984).	4
18	The Information Revolution and Global Problems of Our Time. The Fight Against Terrorism.	2
19	The Perestroika Period and the Collapse of the USSR (1985–1991).	2

20	Russia at the Turn of the Twentieth and Twenty-first Centuries: A Shift in the Model of Social Development. Russia in the Twenty-first Century.	2
Total		44

Reviewed and approved at the meeting of the Department of History and Cultural Studies of the N.P. Grigorenko, Minutes № ____ dated “02” __06__ 2026_.

Head of the Department



L.I. Belova